



**KISII UNIVERSITY**  
**UNIVERSITY SUPPLEMENTARY EXAMINATIONS**  
**SECOND YEAR EXAMINATION FOR THE AWARD OF THE**  
**DEGREE OF BACHELOR OF EDUCATION**  
**IN EARLY CHILDHOOD EDUCATION**  
**FIRST SEMESTER, 2023/2024**  
**(AUGUST - DECEMBER, 2023)**

**ECDE 211: HEALTH AND NUTRITION**

**STREAM: Y2 S1**

**TIME: 2 HOURS**

**DAY: THURSDAY, 9.00 – 11.00 A.M.**

**DATE: 16/11/2023**

**INSTRUCTIONS**

- 1. Do not write anything on this question paper.*
- 2. Answer Question ONE [Compulsory] and any other THREE Questions.*

**QUESTION ONE**

Explain the following terms

- Weaning
  - Immunization
- (4marks)
- Describe the pre-natal care, highlighting nutrition during pregnancy and discomforts of pregnancy. (16marks)
  - Explain the advantages of breastfeeding and challenges of lactating mother. (10marks)

**QUESTION TWO**

- Discuss the process of weaning and types of foods used for weaning. (10marks)
- Discuss disease the children are immunized against immediately after birth up to 2 years. (10marks)

### **QUESTION THREE**

- a) Discuss the dangers of illegal and social drugs to the unborn child.  
(10marks)
- b) Identify factors that influence the growth and development of an ECDE child.  
(10marks)

### **QUESTION FOUR**

- a) Discuss the strategies of primary health one (PHC).  
(10marks)
- b) Compare and contrast the PHC approach with the medical care system.  
(10marks)

### **QUESTION FIVE**

- a) Discuss the traditional and modern child rearing practices among Kenyan communities.  
(10marks)
- b) Imagine you have been asked to interview and recruit a house-help to a certain household, what qualities you are looking for from the interviewee.  
(10marks)