



KISII UNIVERSITY
UNIVERSITY EXAMINATIONS

FIRST YEAR EXAMINATION FOR THE AWARD OF THE
DIPLOMA IN COMMUNITY HEALTH AND DEVELOPMENT
THIRD SEMESTER 2022/2023
[MAY-AUGUST, 2023]

COMH 0131: MENTAL HEALTH

STREAM: Y1S3

TIME: 2 HOURS

DAY: TUESDAY, 9:00 – 12:00 PM

DATE: 01/08/2023

INSTRUCTIONS

- 1. Do not write anything on this question paper.*
- 2. Answer ALL questions in section A and any TWO in section B.*

SECTION A: Answer ALL questions

1. Using examples, discuss the meaning of Mental Health. (5 Marks)
2. What are the characteristics of mental Health disorders? (6 Marks)
3. Discuss factors that affect Mental Health. (6 Marks)
4. Discuss implementation of mental Health Care in Kenya. (6 Marks)
5. Discuss role of Health Education and behavior in mental health. (5 Marks)
6. Write short notes on schizophrenics. (5 Marks)
7. Using appropriate examples, discuss the various types of delusions. (7 Marks)

SECTION B: Answer any TWO (2) Questions in this section.

1. a). List the various type of Health promotion theories. (5 Marks)
b). Discuss any two of the promotion theories listed in part (a) above. (10 Marks)
2. a). Give an outline of how you will identify depression. (8 Marks)
b). List seven (7) possible Risk Factors of depression. (7 Marks)
3. a). What are the goals in community Health in primary, secondary and tertiary levels. (8 Marks)
b). At what levels can the goals listed above be influenced? (7 Marks)