



KISII UNIVERSITY
UNIVERSITY EXAMINATIONS

FIRST YEAR EXAMINATION FOR THE AWARD OF THE
DIPLOMA IN COMMUNITY HEALTH AND DEVELOPMENT
THIRD SEMESTER 2022/2023
[MAY-AUGUST, 2023]

COMH 0137: CHILD HEALTH AND SURVIVAL

STREAM: Y1S3

TIME: 2 HOURS

DAY: MONDAY, 9:00 – 12:00 PM

DATE: 31/07/2023

INSTRUCTIONS

1. Do not write anything on this question paper.

SECTION A: ALL Questions in this Section are COMPULSORY.

1. Using examples, define the meaning of the following terms in nutrition:
 - a). Wasting (3 Marks)
 - b). Underweight (2 Marks)
2. List at least five (5) examples of child survival and development strategies. (5 Marks)
3. What is the meaning of the acronym “GOBIFFA?” (5 Marks).
4. Using examples, explain the various types of parenting (5 Marks)
5. A broken COLD CHAIN is worse than NO immunization at ALL. Explain. (5 Marks).
6. What is the role of a community health worker in child health and survival? (5 Marks)
7. Explain ANY Five (5) principles of effective parenting, (5 Marks)
8. Discuss the various principles that govern the Rights of Children in Kenya. (5 Marks).

Section B: Attempt TWO (2) Questions in this section and ALL Questions Carry Equal Marks (15 Marks)

1. Describe the meaning; importance and steps of Growth Monitoring.
(15 Marks).
2. a). Using examples, discuss the key proximal determinants of child survival.
(8 Marks)
b). Discuss any three (3) common causes of infant mortality in Kenya.
(7 Marks)
3. Hellen is a mother of Three (3) children aged James (3.5 years), Joseph (2 years) and Juliet (6 Months) old. She has brought the children to the clinic for growth monitoring and immunization. From your observation, you notice that Joseph appears small for his age and is not able to walk, even with support. From the mother baby booklet, you realize the growth curve is approaching the 3rd line and the downward trend started 3 visits ago.
 - a). What are the possible conditions that the Joseph is at risk of developing and how would you confirm the same? **(5 Marks)**
 - b). What steps will you take in addressing John's problem? **(5 Marks)**
 - c). Discuss how you would prevent Juliet (aged 6 month old) from developing a similar problem. **(5 Marks)**