

SECOND YEAR EXAMINATION FOR THE AWARD OF THE DEGREE OF BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY SECOND SEMESTER 2021/2022 [JUNE-SEPTEMBER, 2022]

BCPS 213: COGNITIVE PSYCHOLOGY

STREAM: Y2S2 TIME: 2 HOURS

DAY: TUESDAY, 3:00 - 5:00 PM DATE: 13/09/2022

INSTRUCTIONS

1. Do not write anything on this question paper.

2. Answer question ONE (Compulsory) and any other TWO questions.

QUESTION ONE

a) Explain the meaning of cognitive psychology (4marks)

b) Discuss the process involved in the long term store of memory (14marks)

c) Using relevant examples explain how schema works in human cognition

(12marks)

QUESTION TWO

a) Discuss the factors that contribute to our forgetting (10marks)

b) Highlight the ways of enhancing memory or remembering (10marks)

OUESTION THREE

a) Outline the steps in the perception processes (10marks)

b) Explain the factors which direct our attention (10marks)

QUESTION FOUR

- a) Discuss the stages of Piaget's theory of cognitive development (10marks)
- b) Discuss the psychological step involved in problem solving and decision making (10marks)

QUESTION FIVE

Write short notes on the following theories work

(20marks)

- a) Social cognitive theory
- b) Trace decay theory