



**KISII UNIVERSITY**  
**UNIVERSITY EXAMINATIONS**

**SECOND YEAR EXAMINATION FOR THE AWARD OF THE**  
**DIPLOMA IN COUNSELLING PSYCHOLOGY**  
**FIRST SEMESTER 2021/2022**  
**[JUNE-SEPTEMBER, 2022]**

**DCPS 0203: SCHOOL OF GUIDANCE AND COUNSELLING**

**STREAM: Y2S1**

**TIME: 2 HOURS**

**DAY: WEDNESDAY, 3:00 – 5:00 PM**

**DATE: 14/09/2022**

**INSTRUCTIONS**

- 1. Do not write anything on this question paper.**
- 2. Answer question ONE (Compulsory) and any other TWO questions.**

**QUESTION ONE**

A.

- i. Give a clear definition of the term “school Guidance and Counselling”.  
(4 marks)
  - ii. Clearly differentiate between a goal and an objective.  
(4 marks)
  - iii. Explain the benefits of school counselling to teachers, parents, students and administrators.  
(12 marks)
- B. State and explain five elements of school counselling. (10 marks)

**QUESTION TWO**

- a. Illustrating your answer with appropriate examples, discuss the events which led to the need for provision of Guidance and Counselling in Kenyan schools.  
(10 marks)
- b. Explain the challenges facing guidance and counselling service providers in Kenyan schools today.  
(10 marks)

### **QUESTION THREE**

- a. Explain the role of the following school stakeholders;
- i. School counselor (4marks)
  - ii. The school community (4marks)
  - iii. The business industry (4marks)
  - iv. The students (4marks)
- b. Identify and explain four goals of school counselling. (4marks)

### **QUESTION FOUR**

- a. Explain the focus, goal and methods of school counselling for the following theories:
- i. Roger's person centered therapy. (5marks.)
  - ii. Cognitive Behaviour Therapy (5 marks.)
  - iii. Reality Therapy and Choice Theory (5marks.)
- b. Identify and explain any two ethical standards in counselling. (5 marks.)

### **QUESTION FIVE**

- a. Discuss the necessary steps to be taken when setting up a school counselling facility. (10 marks.)
- b. How do you ensure that clients' confidentiality and identity is guarded? (10marks).