



**KISII UNIVERSITY**  
**UNIVERSITY EXAMINATIONS**

**FIRST YEAR EXAMINATION FOR THE AWARD OF THE DEGREE OF**  
**BACHELOR OF ARTS IN CRIMINOLOGY AND SECURITY STUDIES**  
**FIRST SEMESTER 2021/2022**  
**[JUNE-SEPTEMBER, 2022]**

**CRSS 105: THEORIES OF PSYCHOLOGICAL COUNSELLING**

**STREAM: Y1 S1**

**TIME: 2 HOURS**

**DAY: TUESDAY, 12:00 – 2:00 PM**

**DATE: 13/09/2022**

**INSTRUCTIONS**

- 1. Do not write anything on this question paper.**
- 2. Answer question ONE (Compulsory) and any other TWO questions.**

**QUESTION ONE**

- a) Write shorts on the following giving hypothetical examples: (10 Marks)
- Counseling
  - Skill
  - Client
  - Counselor
  - Psychology
- b) Highlight and explain the objectives of counseling (10 Marks)
- c) Critically analyze the principles of counseling (10 Marks)

**QUESTION TWO**

- a) With relevant examples highlight and explain basic counseling skills for the counselor (10 Marks)
- b) Describe the ethical values to be considered during counseling session by the counselor to facilitate mutual trust and understanding with his client during the counseling session (10 Marks)

### **QUESTION THREE**

- a) According to the psychoanalysis theory, individuals develops defense mechanism that enable them cope with challenges in life Explain these defenses (10 Marks)
- b) Listening is a vital skill in counseling critically analyze critically why it is important for the counselor to pay attention while in counseling sessions with a client (10 Marks)

### **QUESTION FOUR**

- a) List and explain briefly the qualities of a counselor (10 Marks)
- b) Differentiate between counseling and advice giving (10 Marks)

### **QUESTION FIVE**

- a) With relevant examples, explain the client centered therapy (10 Marks)
- b) Explain the challenges facing counseling practice (10 Marks)