



KISII UNIVERSITY
UNIVERSITY EXAMINATIONS

FIRST YEAR EXAMINATION FOR THE AWARD OF THE
CERTIFICATE IN SOCIAL WORK
FIRST SEMESTER 2021/2022
[JUNE-SEPTEMBER, 2022]

CSW 0102: INTRODUCTION TO COUNSELLING SKILLS

STREAM: Y1 S1

TIME: 2 HOURS

DAY: MONDAY, 9:00 – 11:00 AM

DATE: 12/09/2022

INSTRUCTIONS

- 1. Do not write anything on this question paper.**
- 2. Answer question ONE (Compulsory) and any other THREE questions.**

1. (a) Define the following terms:
 - (i) Counselling (5 marks)
 - (ii) Counsellor (5 marks)
 - (iii) Counselee (5 marks)(b) Explain what you understand by client's Autonomy in counselling (5 marks)
 - (c) Explain follow up stage counselling (5 marks)
 - (d) What is confidentiality in counselling (5 marks)
2. (a) List some qualities of a good counsellor in counselling. (10 marks)
 - (b) Name two types of counselling and give their merits and demerits. (10 marks)
3. (a) Discuss the stages of counselling process. (10 marks)
 - (b) Discuss the process of counselling in Kenyan higher institutions. (10 marks)
4. (a) Explain behaviour therapy in counselling. (10 marks)
 - (b) Discuss Person-Centred theory in counselling. (10 marks)
5. (a) Explain Eclectism and the intergrated approach in counseling. (10 marks)
 - (b) Discuss Egan's model of helping in counseling. (10 marks)