

FOURTH YEAR EXAMINATION FOR THE AWARD OF THE DEGREE OF BACHELOR OF IN SOCIAL WORK AND SOCIOLOGY/COMMUNITY DEVELOPMENT FIRST SEMESTER 2021/2022 [JUNE-SEPTEMBER, 2022]

CDEV 435: FAMILY THERAPY AND COUNSELLING

STREAM: Y4S1 TIME: 2 HOURS

DAY: MONDAY, 12:00 - 2:00 PM DATE: 05/09/2022

INSTRUCTIONS

1. Do not write anything on this question paper.

2. Answer question ONE (Compulsory) and any other TWO questions.

QUESTION ONE

- a) With the use of an illustration, elaborate how indirect counseling is done to a client with multiple problems. (12marks)
- b) Discuss the various components of guidance and counseling. (10marks)
- c) The use of minimal responses while counseling a client who is very emotional is important' 'Evaluate its importance. (8marks)

QUESTION TWO

"Counseling in the Kenyan Context has grown into profession' Discuss reasons behind it. (20marks)

QUESTION THREE

a) Differentiate between guidance and counseling. (10marks)

b) Highlight the components of stress. (10marks)

QUESTION FOUR

- a) Discuss the importance of this course to you as a student of community development. (10marks)
- b) Evaluate the various problems you were to face if appointed to be a counselor in a newly established office. (10marks)

QUESTION FIVE

Critically analyze the various strategies put forward by the Kenyan government to rehabilitate the different categories of people with problems.

(20marks)