



**UNIVERSITY EXAMINATIONS**  
**FIRST YEAR EXAMINATION FOR THE AWARD OF THE DEGREE OF**  
**BACHELOR OF SCIENCE IN NURSING**  
**SECOND SEMESTER, 2021/2022**  
**(FEBRUARY - JUNE, 2022)**

**NUR 141: COMMUNITY HEALTH NURSING 1**

**STREAM: Y1 S2**

**TIME: 3 HOURS**

**DAY: FRIDAY, 9:00 – 12:00 P.M.**

**DATE: 13/05/2022**

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**INSTRUCTIONS:**

**1. Do not write anything on this question paper.**

**SECTION A: MULTIPLE CHOICE QUESTIONS**

**MCQ**

This section will comprise of **twenty** questions, each question having four options. The student will mark **ONLY ONE** correct response; there will be no penalty for wrong responses;

- 1. Which level of health facility is the usual point of entry of a client into the health care delivery system?**
  - A. Primary
  - B. Secondary
  - C. Intermediate
  - D. Tertiary
- 2. Which of the following is an advantage of a home visit?**
  - A. It allows the nurse to provide nursing care to a greater number of people
  - B. It provides an opportunity to do first hand appraisal of the home situation
  - C. It allows sharing of experience among people with similar health problems
  - D. It develops the family's initiative in providing for health needs of its members
- 3. In the year 1980, the World Health Organization declared some countries "free" of which disease?**
  - A. Pneumonic plague
  - B. Poliomyelitis
  - C. Small pox
  - D. Anthrax

- 4. A 4-month old infant was brought to the health center of cough. Her respiratory rate is 42/minute. Using the IMCI guidelines of assessment, her breathing is considered;**
- Fast
  - Slow
  - Normal
  - Insignificant
- 5. Primary health care is a total approach to community development. Which of the following is an indicator of success in the use of the primary health care approach?**
- Health services are provided free of charge to individuals and families
  - Local officials are empowered as the major decision makers in matters of health
  - Health workers are able too provide care based on identified health needs of the people
  - Health programs are sustained according to the level of development of the community
- 6. Freedom of choice in one of the policies of the Family Planning Program. Which of the following illustrates this principle?**
- Information dissemination about the need for family planning
  - Support of research and development in family planning method
  - Adequate information for couples regarding the different method
  - Encouragement of couples to take family planning as a joint responsibility
- 7. Unused BCG should be discarded how many hours after reconstitution?**
- 2
  - 4
  - 6
  - At the end of the day
- 8. In Community Health a community is defined by its geographic boundaries, why is it important to demarcate boundaries, such as a county?**
- It is a requirement by the Ministry
  - Demarcation will make problem solving easier
  - Data that is available will form a basis for planning health programs
  - It will ensure quality
- 9. Factors that have influenced the growth of community health nursing include:**
- Research and consumer movement
  - Advance in technology and Economic forces
  - Changes in education and advancement in non governmental organizations participation
  - Rural to urban migration and changes in education
- 10. The correct sequence of the process of valuing is:**
- Choose the value from alternatives, publicly affirm, consider consequences, cherish
  - Choose value freely, consider consequences, publicly affirm, cherish
  - Choose value individually, choose from alternatives, consider consequences, cherish, affirm

- d. Choose value individually, consider consequences, choose from alternatives, affirm, cherish
- 11. For community participation to be effective in organization of health services the following order must be followed:**
- Gather information, discussion, consultation, Full control
  - Consultation, gather information, discussion, full control
  - Consultation, discussion, gather information, full control
  - Gather information, consultation, discussion, full control
- 12. The primary goal of community health nursing?**
- To support and supplement the effort of the medical profession in health promotion and prevention
  - To enhance individual, family and community capacity to cope with their health needs
  - To increase peoples productivity by providing services that will improve their health
  - To contribute to national development by promotion of family welfare, focusing on mothers and baby
- 13. Who are the key players in Home Based Care?**
- The patient, family members and the church
  - NGOs , patient, family members and other caregivers
  - Home Based Care team, the church and health workers
  - Government , Community and the well wisher's
- 14. Which of the following statements appropriately defines health promotion?**
- Enabling people to increase control of the determinants of health
  - Synonymous to health education
  - Reserved for medics and nurses
  - A World health organization strategy
- 15. A 2-month old infant was brought to the health centre for immunization. During assessment, the infant's temperature registered at 38.1 C. Which is the best course of action that you will take?**
- Go on with the infants immunization
  - Give paracetamol and wait for his fever to subside
  - Refer the infant to the physician for further assessment
  - Advise the infant's mother to bring him back for immunization when he is well
- 16. What is the focus of secondary health care?**
- Early malnutrition
  - Early signs and symptoms
  - Early diagnosis and treatment
  - Early detection
- 17. The Community health nurse who refers a client with alcoholism to a support group and provides information about community resources for counselling. what level of prevention is this:**
- Primary prevention
  - Secondary prevention
  - Tertiary prevention
  - Focused prevention

- 18. Which of the following is a reason for reluctance to having vasectomy as a family planning method :**
- Permanency of the procedure
  - Major surgery involved
  - Fear of a decrease in sexual performance
  - Cost of the procedure
- 19. Which one of the following is NOT an essential element of Primary Health Care?**
- Multi Sectoral Approach
  - Community involvement
  - Appropriate technology
  - Qualification of health providers
- 20. A 2 week old baby is brought to the child welfare clinic for the first time, what immunization will he be given:**
- DPT1
  - OPV1
  - Infant BCG
  - Hepatitis B Vaccine

### **SECTION B: SHORT ESSAY QUESTIONS 40 MARKS**

**This section comprises eight compulsory short essay questions; the marks are distributed as follows. Answer all the questions in the answer booklet provided.**

- SAQ1. Outline four characteristics of a healthy community [4 marks]
- SAQ2. List the eight (8) key elements of Primary Health Care [4 marks]
- SAQ3. Health involves both objective and subjective dimensions, explain [4 marks]
- SAQ4. Outline three (3) characteristics of community health nursing [6 marks]
- SAQ5. Community health Nursing has gone through four general development stages to date, describe the Early Home Care Nursing period [4 Marks]
- SAQ6. Describe the three major roles of a community health nurse [6 marks]
- SAQ7. Highlight the DECIDE model [6 marks]
- SAQ8. Describe the high level wellness continuum [6 marks]

## **SECTION C: LONG ESSAY QUESTIONS 40 MARKS**

This section comprises of **two compulsory** long essay questions (LEQ) of **twenty** marks each, answer all the questions

1. Immunization is an important aspect of preventive Promotive measure in community health Nursing.
  - a) State the role of the unit of vaccines and immunization in Kenya  
[5 marks]
  - b) Giving the timing and the route of administration, describe the Kenya national Immunization schedule  
[15marks]
  
2.
  - a. Values are central to any consideration of ethical decision making, describe any three qualities of a value  
[6 marks]
  - b. Discuss the seven fundamental ethical principles in relation to community health nursing  
[14 marks]