



**KISII UNIVERSITY**  
**UNIVERSITY EXAMINATIONS**

**SECOND YEAR EXAMINATION FOR THE AWARD OF THE**  
**DEGREE OF BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY**  
**FIRST SEMESTER, 2021/2022**  
**(FEBRUARY - JUNE, 2022)**

**BCPS 202: INTEGRATION TO PSYCHOLOGY, RELIGION AND MENTAL**  
**HEALTH**

**STREAM: Y2 S1**

**TIME: 2 HOURS**

**DAY:**

**DATE:**

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**INSTRUCTIONS**

- 1. Do not write anything on this question paper.**
- 2. Answer question ONE (Compulsory) and any other TWO questions.**

**QUESTION ONE**

a). By citing the relevant examples, discuss the following concepts as used integration of religion, psychology, culture and mental health and bring out briefly their relationships in therapy

- i. Religion and culture
- ii. Therapeutic Healing and psychology
- iii. African views of mental health
- iv. Religious faith and therapeutic healing
- v. Religious dogma and psychological healing

b) Discuss the concept of 'spiritual maturity' and therapeutic healing by identifying any variables related to the therapy set up and give the contribution of the spiritual healing in therapy (10 marks)

c) Identify and discuss the practical cultural practices that relate to therapy and counseling psychology in general by pointing out the hows (10 marks)

### **QUESTION TWO**

a). Discuss the rationale for the study of integration or religion, culture, psychology and mental health. (10 marks)

b). Psychological processes influence culture. Culture influences psychological processes. Discuss this assertion by focusing your attention on the variables of epistemic needs, interpersonal communication, attention, perception, attribution thinking, self-regulation, human agency, self-worth by contextualizing activation of cultural paradigms. (10 marks)

### **QUESTION TWO**

a) Identify and discuss any variables that that portray that religion helpful in setting up a role-playing session in treatment for easy and effective outcomes (10 marks)

b) Discuss the significance of taking client history by focusing your attention on specific variables of religion, culture, psychology and health (10 marks)

### **QUESTION THREE**

A). Bearing in mind the concepts of dogma, rituals, symbols, prayers and liturgy discuss how this concepts relate to therapeutic processes and what implications they have in therapy. (10 marks)

### **QUESTION FOUR**

A). Psychological transference is a component that influences the psychological processes and subsequently outcomes. In relation to therapist to client argue this statement by giving the pros and cons of the concept and give your understanding of what therapist need to consider in every discussed for positive psychological outcomes (10marks)

B). The concept of personhood and mental health can be related to three forms of spiritual agency, social agency and self-agency. Discuss this assertion by

breaking down the various that may be involved in the respective forms of spiritual agency and give the therapeutic outcomes therein. (10 marks)

### **QUESTION FIVE**

In its African regional Strategy for mental Health in the 2000 year there are observations there are major mental and neurological disorders that result to disability. Do a discussion by pointing out the issues that are frame works that are of issues that led or leads to those disabilities due to diverse African cultural experiences (20 marks)