



KISII UNIVERSITY
UNIVERSITY EXAMINATIONS

SECOND YEAR EXAMINATION FOR THE AWARD OF THE
DEGREE OF BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY
FIRST SEMESTER, 2021/2022
(FEBRUARY - JUNE, 2022)

BCPS 204: INTEGRATION TO CLINICAL PSYCHOLOGY

STREAM: Y2 S1

TIME: 2 HOURS

DAY:

DATE:

INSTRUCTIONS

- 1. Do not write anything on this question paper.***
- 2. Answer question ONE (Compulsory) and any other TWO questions.***

QUESTION ONE

- a). By citing the relevant examples, discuss the psychological theories applicable in clinical psychology (10 marks)
- b). Discuss the rationale for the study of clinical psychology. (10 marks)
- c). After preparing a psychological assessment the next step is to carry out, administer, assess or do the actual interview. As such discuss the dos and don'ts of the actual interviewing process (10 marks)

QUESTION TWO

- a). Identify and discuss any variables that are helpful in setting up a role-playing session in treatment for easy and effective outcomes (10 marks)
- b). Discuss the significance of taking client history by focusing your attention on specific variables (10 marks)

QUESTION THREE

- a). Identify and discuss in detail the psychological tests that are applicable in clinical psychology (10 marks)
- b). Discuss the concept of validity when one is constructing a psychological test and what is likely to compromise the validity in every aspect discussed. (10 marks)

QUESTION FOUR

- a). Clinical psychologists are expert in providing psychotherapy, and generally train within four primary theoretical orientations. Discuss this assertion. [10 marks]
- b). Point out and describe any FIVE guidelines for the diagnosis of substance use disorder as given by DSM-5 and relate them to clinical psychological practice (10 marks)

QUESTION FIVE

X was referred for testing by her guardian. This assessment was requested to identify possible sources of Sally's school failure and make recommendations for treatment and/or school accommodations. Specific questions to be answered by this test battery are as follows:

- Level of Cognitive Development
 - o Intellectual strengths and weaknesses
- Level of Academic Achievement

o Presence of Learning Disabilities o Academic Strengths and Weaknesses

- Status of Executive Functioning
- Status of Social and Emotional Functioning

QUIZ:

Do an hypothetical identifying Information / Relevant History (3 marks)

Identify possible instruments to be administered to X? (3 marks)

Do your hypothetical practical observations (3 marks)

Present the Results from the observations (4 marks)

Do your Hypothetical but practical Diagnosis (4 marks)

Recommendations (3 marks)