



**KISII UNIVERSITY**  
**UNIVERSITY EXAMINATIONS**

**THIRD YEAR EXAMINATION FOR THE AWARD OF THE**  
**DEGREE OF BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY**  
**FIRST SEMESTER, 2021/2022**  
**(FEBRUARY - JUNE, 2022)**

**BCPS 311: HEALTH PSYCHOLOGY**

**STREAM: Y3 S1**

**TIME: 2 HOURS**

**DAY:**

**DATE:**

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**INSTRUCTIONS**

- 1. Do not write anything on this question paper.***
- 2. Answer question ONE in section A (Compulsory) and any other TWO questions from section B.***

**SECTION A (30 MARKS)**

1. Discuss the theories on perspective of health and illness. (10 Marks)
2. Briefly describe the factors impacting on health care and well being.  
(10 Marks)
3. Discuss the relationship between pain and health psychology. (10 Marks)

**SECTION B (40 MARKS)**

1. A) Discuss the role of psychological and behavioral therapies in health psychology. (10 Marks)  
B) Explain the co-relation of stress and health. (10 Marks)
2. A) Illustrate the psychological process of chronic disease in relation to AIDS and cancer. (10 Marks)

B) Explain the relationship between cardiovascular disease and health psychology. (10 Marks)

3. A) Regarding therapy, classify the age groups and needs of each group. (10 Marks)

B) Briefly expound on the different modalities of therapy available. (10 Marks)

4. A) Briefly highlight the evolution of the doctor-patient relationship. (10 Marks)

b) Outline the difference of stress vs burnout in relation to physician. (10 Marks)