



**KISII UNIVERSITY**  
**UNIVERSITY EXAMINATIONS**

**SECOND YEAR EXAMINATION FOR THE AWARD OF THE**  
**DIPLOMA OF ARTS IN COUNSELING PSYCHOLOGY**  
**FIRST SEMESTER, 2021/2022**  
**(FEBRUARY - JUNE, 2022)**

**DCPS 0108: PERSONALITY THEORIES**

**STREAM: Y2 S1**

**TIME: 2 HOURS**

**DAY:**

**DATE:**

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**INSTRUCTIONS**

- 1. Do not write anything on this question paper.***
- 2. Answer question ONE (Compulsory) and any other TWO questions.***

1. Give Definition of Terms to the following:

[a] What is personality? [2 Marks]

[b] What is A theory? [2 marks]

**[c]** Highlight a summary of the main defense mechanisms. [6 Marks]

[d] Explain the following Ego defense mechanisms and give relevant examples [10Marks]

- Projection
- Regression
- Rationalization
- Displacement

[e] Give A description of your personality. [10 Marks]

2.

[a] Briefly, give a description of “what is personality”? [8 Marks]

[b] List 2 Trait Theories that rest on 2 assumptions. [2 Marks]

[c] Explain the role of the Ego in personality structure according to Freud [6 Marks]

[d] Give a description of 3 characterized traits as they are given by Gordon Allport. [4 Marks]

3.[a] Explain Erick Erickson's eight stages of psychosocial development. [10 Marks]

[b] Write sentences using the following personality Traits. [10 Marks]

- i. Sane
- ii. Verbal
- iii. Unreliable
- iv. Maniac
- v. Generous
- vi. Youthful
- vii. Idiot
- viii. Dazzling
- ix. Beautiful
- x. Academic

4.

[a] Are we motivated by unconscious forces, or do we act as we do from either conscious choice or unconscious choice – Discuss. [10 Marks]

[b] Explain Behavioral Theories of personality. [10 Marks]

5.[a] Explain the contribution of the Trait approach. [10 Marks]

[b] Discuss how the social cognitive works. [10 Marks]