



KISII UNIVERSITY
UNIVERSITY EXAMINATIONS

SECOND YEAR EXAMINATION FOR THE AWARD OF THE
DIPLOMA OF ARTS IN COUNSELING PSYCHOLOGY
FIRST SEMESTER, 2021/2022
(FEBRUARY - JUNE, 2022)

DCPS 0111: DRUG & SUBSTANCE ABUSE

STREAM: Y2 S1

TIME: 2 HOURS

DAY:

DATE:

INSTRUCTIONS

- 1. Do not write anything on this question paper.*
- 2. Answer question ONE (Compulsory) and any other TWO questions.*

QUESTION ONE

- a). By citing the relevant examples, define the following concepts as used in addictions and interventions [10 marks]
 - Hallucinogens
 - Sedatives
 - Codependency diagnosis
 - Amphetamines
 - CNS Depressants
 - Drug Abuse
 - A substance
 - Dopamine
 - Withdrawal symptoms
 - Drug dependency and addiction

b). Discuss the rationale for the study of drug and substance abuse in counseling psychology. [10 marks]

c). Discuss any five areas of research in addictions and interventions by pointing out the practical gaps that therapists can address [10 marks]

QUESTION TWO

a). Identify and discuss any FIVE effects of addictions in general and relate them psychology and counseling [10 marks]

b). Describe any FIVE goals applicable in addictions and interventions by pointing out the philosophical assumptions, characteristics underneath and relate them to therapeutic settings and research and give your assertion why you think they are great necessity in your profession [10 marks]

QUESTION THREE

a). Identify and discuss the general indications of signs and symptoms of addictions, withdrawal and treatment regimes [10 marks]

b). Identify any FIVE stages of addictions and interventions and point out the necessary interventions in each stage [10 marks]

QUESTION FOUR

a). Assuming you are handling a case of family group therapy on health outcomes and economic consequences of addictions, identify and discuss the main elements you will give as the reference assumptions of your interventions processes and give your stand on the real and ideal set ups of those interventions [10 marks]

b). Point out and discuss any FIVE symptoms of withdrawal from addictions in relation to drug and drug abuse [10 marks]

QUESTION FIVE

a). Describe how the social support systems that are helpful in enabling positive recovery from substance and alcohol abuse by pointing out the possible ideal and real support structures and point out gaps therein in each case. [10 marks]

b). Identify and discuss any FIVE risk factors of drug and substance abuse

[10 marks]