

# **UNIVERSITY EXAMINATIONS**

# SECOND YEAR EXAMINATION FOR THE AWARD OF THE DEGREE OF BACHELOR OF EDUCATION IN EARLY CHILDHOOD EDUCATION FIRST SEMESTER, 2021/2022 (FEBRUARY - JUNE, 2022)

#### **ECDE 211: HEALTH AND NUTRITION**

STREAM: Y2 S1 TIME: 2 HOURS

DAY: FRIDAY, 12:00 - 2:00 P.M. DATE: 13/05/2022

#### **INSTRUCTIONS**

1. Do not write anything on this question paper.

2. Answer Question ONE [Compulsory] and any other THREE Questions.

#### **QUESTION ONE**

a) Define the following terms

i. Health education (1 mark)

ii. Primary health (1 mark)

b) Describe the elements of primary health care. (10 marks)

c) Describe the strategies of promoting community health. (10 marks)

d) Differentiate between primary healthcare (PHC) model and medical care model. (8 marks)

## **QUESTION TWO**

- a) Identify factors that influence growth and development of an ECDE child. (10 marks)
- b) Discuss the dangers of illegal and social drugs to the unborn baby (10 marks)

## **QUESTION THREE**

- a) Evaluate the influence of nutrition on growth of children in early years. (10 marks)
- b) Explain the food deficiency disorders in children. (10 marks)

#### **QUESTION FOUR**

- a) Analyze child rearing practices and child safety in Kenya. (10 marks)
- b) Discuss the effect of HIV/AIDS in the community. (10 marks)