ECDE 325



ECDE 325: METHODS OF TEACHING ECDE HEALTH AND NUTRITION EDUCATION

STREAM: Y3 S2

TIME: 2 HOURS

DAY:

DATE: 00/05/2022

INSTRUCTIONS

- 1. Do not write anything on this question paper.
- 2. Answer Question ONE [Compulsory] and any other THREE Questions.

Q1(a) Define the following terms

i Nutrition

ii Nutrients

iii Malnutrition

iv Primary health care

v Personal hygiene

(5marks)

Q1(b)Briefly explain the causes of malnutritional diseases (7marks)

Q1(c) List some of the traditional foods rich in protein, vitamins and carbohydrates that are used in your community, two in each type of food

(6marks)

Q1(d) state and give signs and symptoms of immunizable childhood diseases

(10 marks)

Q1(E) Outline five ways of advocating for improved health and nutrition for children (10marks)

Q2(a) Describe any two methods and resources for teaching health and diseases (10marks)

(b) Identify 5 factors that influence the growth and development of an ECDE child (10marks)

Q3 Pick a topic of your choice; scheme of four and make a lesson of it

(20 marks)

Q4Compare and contrast traditional methods of rearing childrearing practices (20marks)

Q5 Cite five accidents in an ECDE centre and explain how you can prevent them (20marks)