



KISII UNIVERSITY

UNIVERSITY EXAMINATIONS

**FIRST YEAR EXAMINATION FOR THE AWARD OF THE
DEGREE OF MASTERS IN EDUCATIONAL MANAGEMENT
(ADMINISTRATION)
SECOND SEMESTER, 2021/2022
(APRIL, 2022)**

EAPE 808: GUIDANCE AND COUNSELLING

STREAM: Y1 S2

TIME: 3 HOURS

DAY: FRIDAY, 2:00 – 5:00 P.M.

DATE: 08/04/2022

INSTRUCTIONS

- 1. Do not write anything on this question paper.***
- 2. Answer any FOUR questions.***

QUESTION ONE

- Using appropriate examples, highlight the principles of school guidance
(5 marks)
- To what extent do you perceive the principles in (a) above relevant to the schools in Kenya?
(5 marks)
- Given that in Kenya, Guidance and Counselling teachers are also subject teachers, how does this impact on the effectiveness of these teachers in terms of providing the guidance services to the students?
(5 marks)

QUESTION TWO

- The establishment of a counselling relationship is largely determined by skills/techniques employed by a counsellor.

Define the following terms as used in such a context:

- (i) Confidentiality
 - (ii) Unconditional positive regard
 - (iii) Empathic understanding (3 marks)
- b. Explain how the skills/techniques in (a) above affect the counselling relationship between a client and a counsellor. (6 marks)
- c. Identify and describe some of the ethical and legal issues in counselling (6 marks)

QUESTION THREE

Supposing the Principal of a school asked you to give a talk to the staff members on adopting peer counseling as a strategy to benefit students in need of counselling, what would you include in your presentation? (15 marks)

QUESTION FOUR

Select one theory you studied and discuss its key concepts/features, the theorist's views about human nature, intervention techniques and/or strategies, multicultural issues, appropriateness and its limitations in the Kenyan context. Explain how this theory is related to your own views about counselling. (20 Marks)

QUESTION FIVE

- a. What is the difference between individual counselling and group counselling? Give examples of counselling situations in which you can use each of these counselling types. (6 marks)
- b. Explore some three possible strategies of ensuring that guidance is an integral part of the school curriculum. (9 marks)

QUESTION SIX

As a school counselor in Elimu High School, Maria, an 18 year old girl is referred to you by her class teacher because her grades continue to decline. The class teacher informs you that Maria used to be among the top three higher performers in her class but this term she was number 38 out of 50 students in her class. Describe how you would help Maria. Make sure you include the process of establishing the presenting problem; identify techniques or intervention strategies you would use; and explain how you would approach this case. (15 marks)