



KISII UNIVERSITY
UNIVERSITY SUPPLEMENTARY EXAMINATIONS
SECOND YEAR EXAMINATION FOR THE AWARD OF THE
DEGREE OF BACHELOR OF EDUCATION
IN EARLY CHILDHOOD EDUCATION
FIRST SEMESTER, 2023/2024
(AUGUST - DECEMBER, 2023)

ECDE 211: HEALTH AND NUTRITION

STREAM: Y2 S1

TIME: 2 HOURS

DAY: THURSDAY, 9.00 – 11.00 A.M.

DATE: 16/11/2023

INSTRUCTIONS

- 1. Do not write anything on this question paper.*
- 2. Answer Question ONE [Compulsory] and any other THREE Questions.*

QUESTION ONE

Explain the following terms

- Weaning
 - Immunization
- (4marks)
- Describe the pre-natal care, highlighting nutrition during pregnancy and discomforts of pregnancy. (16marks)
 - Explain the advantages of breastfeeding and challenges of lactating mother. (10marks)

QUESTION TWO

- Discuss the process of weaning and types of foods used for weaning. (10marks)
- Discuss disease the children are immunized against immediately after birth up to 2 years. (10marks)

QUESTION THREE

- a) Discuss the dangers of illegal and social drugs to the unborn child.
(10marks)
- b) Identify factors that influence the growth and development of an ECDE child.
(10marks)

QUESTION FOUR

- a) Discuss the strategies of primary health one (PHC).
(10marks)
- b) Compare and contrast the PHC approach with the medical care system.
(10marks)

QUESTION FIVE

- a) Discuss the traditional and modern child rearing practices among Kenyan communities.
(10marks)
- b) Imagine you have been asked to interview and recruit a house-help to a certain household, what qualities you are looking for from the interviewee.
(10marks)