



## **UNIVERSITY EXAMINATIONS**

### **FIRST YEAR EXAMINATION FOR THE AWARD OF THE DEGREE OF DOCTOR OF PHILOSOPHY IN COUNSELLING PSYCHOLOGY**

**FIRST SEMESTER 2023/2024**

**[JANUARY – APRIL, 2024]**

#### **DCP 924: ADVANCED GROUP/FAMILY AND MARITAL THERAPY**

**STREAM: Y1 S1**

**TIME: 2 HOURS**

**DAY: WEDNESDAY, 2:00 - 5:00 P.M.**

**DATE: 15/05/2024**

#### **INSTRUCTIONS**

- 1. Do not write anything on this question paper.**
- 2. Answer Question ONE and any other TWO Questions.**

1. (a) Explain the following concepts as used in family counselling
  - (i) The identified client (2marks)
  - (ii) Homeostasis (2marks)
  - (iii) The extended family field (2marks)
  - (iv) Differentiation (2marks)
  - (v) Triangular relationships (2marks)
  - (vi) Preparation (2marks)
- (b) Explain four approaches to family counselling (8marks)
- (c) Why is the study of family counselling significant to counsellors (4marks)
- (d) Explain three challenges family counsellors face (6marks)

2. (a) Explain FOUR types of family counseling (8marks)
- (b) Discuss six objectives of family counseling (12marks)
3. (a) Outline crucial events that led to the development of family counseling Movement. (10marks)
- (b) Discuss family counseling as an intervention approach in psychological Counseling. (10marks)
4. (a) Describe the concept and stages of family life. (10marks)
- (b) Discuss the concept of adaptive and dysfunctional communication patterns. (10marks)
5. (a) Discuss in detail the tenets behind different approaches to family counseling. (10marks)
- (b) Discuss the process of assessment and intervention in family counselling. (10marks)