



UNIVERSITY EXAMINATIONS

**FIRST YEAR EXAMINATION FOR THE AWARD OF THE DEGREE OF
BACHELOR IN COUNSELING PSYCHOLOGY**

SECOND SEMESTER 2023/2024

[JAN - APRIL, 2024]

BCPS 112: HISTORY AND FOUNDATIONS OF PSYCHOLOGY

STREAM: Y1 S2

TIME: 2 HOURS

DAY: THURSDAY, 12:00 - 2:00 P.M

DATE: 04/04/2024

INSTRUCTIONS

- 1. Do not write anything on this question paper.**
- 2. Answer question ONE (Compulsory) and any other TWO questions.**

1a). Discuss the following concepts: (5 marks)

- i) Introspection.
- ii) Association
- iii) History of psychology.

b). Discuss 5 reasons why we study history of psychology. (10 marks)

c). Discuss the 3 classes of people as suggested by Plato in his famous book the "republic" (6marks)

D) Explain the four principles of stoicism (8 marks)

2. a). Evaluate the contributions of Avicenna (999-1037 AD) as Muslim scholars in Arabic psychology. (5 marks)

b). Explain any 5 features of stoicism in early psychology. (5 marks)

c). Assess the following significant psychological concepts in the bible (10 marks)

i). Worry

ii). Suffering

3. a). Describe any 5 contributions of William James (1842-1910) in the development of American psychology. (10 marks)

b). Demonstrate 5 philosophies of Socrates to earlier history of psychology. (10 marks)

4 a). Analyze the major contributions of the philosopher Plato (427-347 B.c) to the foundation of psychology. (12 marks)

b). Explain the work of John lock (1632-1704) as pioneer of child psychologist towards the development of earlier psychology. (4 marks)

c). Discuss the works of Hippocrates in shaping the early psychology. (4 marks)

5 a). Discuss the roles of any women as pioneers in the field of psychology. (4 marks)

b). Evaluate the contributions of William James in the functionalism school of thoughts to the field of psychology. (8 marks)

c). Analyze the role of Benedict De Spinoza (1632-1673) in shaping early psychology. (8 marks)