



UNIVERSITY EXAMINATIONS

**SECOND YEAR EXAMINATION FOR THE AWARD OF THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY
SECOND SEMESTER 2023/2024
[JAN – APRIL, 2024]**

PSYC 217: CHEMICAL DEPENDENCY AND OTHER ADDICTIONS

STREAM: Y2 S2

TIME: 2 HOURS

DAY: TUESDAY, 9:00 - 11:00 A.M.

DATE: 16/04/2024

INSTRUCTIONS

- 1. Do not write anything on this question paper.**
- 2. Answer question ONE (Compulsory) and any other TWO questions.**

QUESTION ONE

a). By citing the relevant examples, define the following concepts as used in addictions and interventions (8 Marks)

- i. Hallucinogens
- ii. Sedatives
- iii. Co dependency diagnosis
- iv. Amphetamines
- v. CNS Depressants
- vi. Drug Abuse
- vii. A substance
- viii. Dopamine
- ix. Withdrawal symptoms
- x. Drug dependency and addiction

b). Discuss the rationale for the study of drug and substance abuse in counseling psychology. (8 Marks)

c). Discuss any areas of research in addictions and interventions by pointing out the practical gaps that therapists can address (4 Marks)

The DSM-5 lists disorders where impulses cannot be resisted, which could be considered a type of addiction. Discuss. (8 Marks)

d). Distinguish between prescription and nonprescription drugs by citing relevant examples (2 Marks)

QUESTION TWO

a). Identify and discuss any effects of addictions in general and relate them psychology and counseling (8 Marks)

b). Explore any three behavioral addictions (6 Marks)

c). Describe any general goals applicable in addictions and interventions by pointing out the philosophical assumptions, characteristics underneath and relate them to therapeutic settings and research and give your assertion why you think they are great necessity in your profession (6 Marks)

QUESTION THREE

a). Identify and discuss the general indications of signs and symptoms of addictions and possible treatment regimes (8 Marks)

b). Explain the long-term negative effects use of prescription drugs and give a remedy in each case. (6 Marks)

c). Identify any FIVE stages of addictions and interventions and point out the necessary interventions in each stage (6 Marks)

QUESTION FOUR

a). Describe first four stages of addiction in general by pointing out any form of addiction as your point of reference (8 Marks)

b). Discuss the long-term effects of abusing Alcohol and Drugs in general (6 Marks)

c). Point out and discuss any FIVE symptoms of withdrawal from addictions in relation to drug and drug abuse (6 Marks)

QUESTION FIVE

a). Describe the social support systems that are helpful in enabling positive recovery from substance and alcohol abuse by pointing out the possible ideal and real support structures and point out gaps therein in each case. (6 Marks)

b). Identify and discuss any risk factors of drug and substance abuse (6 Marks)

c). Analyze the main reasons Why People abuse Drugs and point out your counseling or therapeutic intervention in each case discussed. (8 Marks)