



UNIVERSITY EXAMINATIONS

THIRD YEAR EXAMINATION FOR THE AWARD OF THE DEGREE OF BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY

SECOND SEMESTER 2023/2024

[JAN - APRIL, 2024]

PYSC 323: INTEGRATION OF CULTURE & HUMAN BEHAVIOR

STREAM: Y3 S2

TIME: 2 HOURS

DAY: FRIDAY, 3:00 - 5:00 P.M.

DATE: 05/04/2024

INSTRUCTIONS

- 1. Do not write anything on this question paper.**
- 2. Answer question ONE (Compulsory) and any other TWO questions.**

QUESTION ONE

- a. Discuss how levels of spiritual growth and therapeutic healing (10 Marks)
- b. Identify the practical cultural practices that relate to therapy and counseling psychology (10 Marks)
- c. Explain the spiritual competencies that a counselor, a therapist must have in his/her profession (10 Marks)

QUESTION TWO

- a). Discuss the purpose for the study of integration or religion, culture, psychology and mental health. (6 Marks)

By citing the relevant examples distinguish each of the following concepts as applicable in psychology and religion.

- i. Beliefs and conventions
- ii. Norms and values
- iii. Customs and beliefs

- iv. Virtues and values
- v. Dogma and Liturgy

b). Explore the components of the role of culture in human behavior. (4 Marks)

QUESTION THREE

a). Discuss how culture the main variables that has profound influence on human behavior. (10 Marks)

b). Explain Fowler's Stages of Faith and relate them to the psychology of mental health and relate the concepts to culture and behavior. (10 Marks)

c). Discuss main elements of religion that can be a source therapeutic healing in regard to mental health and behavior as a cultural component (6 Marks)

QUESTION THREE

a). Discuss the relationship between therapeutic processes for treatment while keeping in mind the concepts of dogma, rituals, symbols, prayers, and liturgy. (8 Marks)

b). Discuss the circumstances where culture can have a perception of negative beliefs which hinders mental wellbeing and behavior of individuals (6 Marks)

c). Discuss the significant of taking client background diagnosis in regard to culture. (8 Marks)

QUESTION FOUR

a). Discuss the role of transference as a therapeutic process in relation culture psychology and human behavior (6 Marks)

b). Discuss main components of religion as a cultural issue and relate them how they influence the psychology of behavior of individuals (8 Marks)

c). Discuss the agents of cultural transmission and change in relation to human behavior. (6 Marks)

QUESTION FIVE

a). Discuss the major recommendations of African regional strategy of culture and behavior. (4 Marks)

b). Discuss the beneficial effects of religion as a culture on people's mental health and behavior. (8 Marks)

c). Discuss the specific areas that are basic when a professional is taking cultural history of patient's mental wellbeing. (8 Marks)