



KISII UNIVERSITY
UNIVERSITY EXAMINATIONS

**FIRST YEAR EXAMINATION FOR THE AWARD OF THE DEGREE OF
BACHELOR OF ARTS IN CRIMINOLOGY AND SECURITY STUDIES
SECOND SEMESTER, 2023/2024
(JANUARY-APRIL, 2024)**

CRSS 105: THEORIES OF PSYCHOLOGICAL COUNSELING

STREAM: Y1 S2

TIME: 2 HOURS

DAY: TUESDAY, 12:00 – 2:00 P.M.

DATE: 02/04/2024

INSTRUCTIONS

- 1. Do not write anything on this question paper.***
- 2. Answer Question ONE (compulsory) and any other TWO Questions.***

- a). Explain the structure of personality. (3marks)
- b) What do we understand by “conscious” and “the unconscious” in psychology. (3marks)
- c) The origin of counseling and psychotherapy lies in the need to cure the human soul. Explain. (3marks)
- d) What is dual relationship in counseling? (3marks)
- e) Explain confidentiality in counseling. (3marks)
- f) Explain Transactional Analysis (T.A). (5marks)
- (g) Briefly explain personal construction theory. (5marks)
- (h) Discuss Susan Gilmore’s model of eclectic counseling in psychology. (5marks)

2. (a). Discuss psychoanalytic counseling in psychology. (10marks)
- (b) Explain behavior therapy as a method of counseling. (10marks)
3. (a). Person-centered or client-centered therapy was propagated by Carl Rogers (1902-1987). Discuss the assumptions of this theory. (10marks)
- (b) Rational Emotive Behavior Therapy (R.E.B.T) is a method of counseling. Explain. (10marks)
4. (a). Gestalt Theory is an existential approach developed by Pritz Perl's based on the premise that people must find their own way in life and accept personal responsibility they hope to achieve in maturity. Explain. (10marks)
- (b) There are three main approaches in Eclecticism/Integration Counseling. Discuss these approaches. (10marks)
5. a. Egan's Development Eclecticism Counseling is helping Model counseling. Explain. (10marks)
- (b) Explain Solution-focused Briefly Therapy (counseling). (10marks)