

**UNIVERSITY EXAMINATIONS  
JANUARY – APRIL 2024  
END OF SEMESTER EXAM**

**BGDS 409: GENDER, WEIGHT & BODY IMAGE**

**DATE:**

**TIME: 2 HOURS**

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**INSTRUCTIONS TO CANDIDATES**

**Answer Question ONE (compulsory) and ANY OTHER TWO questions.**

**QUESTION ONE (COMPULSORY)**

- (a) What are the causes of obesity in people  
(5marks)
- (b) Highlight 5 advantages of a person having the right body mass...  
(5marks)
- (c) State the possible remedies to manage body mass  
(5marks)
- (d) Explore 5 genetically associated medical conditions that are caused by body weight.  
(5marks)
- (e) Highlight 5 effects of body weight and image on personalities.  
(10marks)

**QUESTION TWO**

Explore the effects of cultural stereotypes on men & women ideal outlooks  
(20marks)

**QUESTION THREE**

Discuss in details your understanding about eating habits as the greatest cause of loss of self-esteem. (20 marks)

**QUESTION FOUR**

Women are the most vulnerable victims of body weight and image in society. Justify this assumption.  
(20marks).

**QUESTION FIVE**

Make a detailed account about adolescents concerns about body weight and images. (20 marks).

WOA