



KISII UNIVERSITY
UNIVERSITY EXAMINATIONS

FOURTH YEAR EXAMINATION FOR THE AWARD OF THE DEGREE OF
BACHELOR OF ARTS IN GENDER AND DEVELOPMENT STUDIES
SECOND SEMESTER, 2023/2024
(JANUARY-APRIL, 2024)

BGDS 409: GENDER, WEIGHT AND BODY IMAGE

STREAM: Y4 S2

TIME: 2 HOURS

DAY: FRIDAY, 12:00 – 2:00 P.M.

DATE: 19/04/2024

INSTRUCTIONS

- 1. Do not write anything on this question paper.***
- 2. Answer Question ONE (compulsory) and any other TWO Questions.***

QUESTION ONE (COMPULSORY)

- (a) What are the causes of obesity in people. (5marks)
- (b) Highlight 5 advantages of a person having the right body mass... (5marks)
- (c) State the possible remedies to manage body mass. (5marks)
- (d) Explore 5 genetically associated medical conditions that are caused by body weight. (5marks)
- (e) Highlight 5 effects of body weight and image on personalities. (10marks)

QUESTION TWO

Explore the effects of cultural stereotypes on men & women ideal outlooks. (20marks)

QUESTION THREE

Discuss in details your understanding about eating habits as the greatest cause of loss of self-esteem. (20marks)

QUESTION FOUR

Women are the most vulnerable victims of body weight and image in society. Justify this assumption. (20marks).

QUESTION FIVE

Make a detailed account about adolescents concerns about body weight and images. (20 marks)