



KISII UNIVERSITY
UNIVERSITY EXAMINATIONS

SPECIAL EXAMINATIONS
FIRST YEAR EXAMINATION FOR THE AWARD OF THE
DEGREE OF BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY
FIRST SEMESTER, 2021/2022
(FEBRUARY - JUNE, 2022)

PSYC 213: GROUP DYNAMICS

STREAM: Y1 S1

TIME: 2 HOURS

DAY: MONDAY, 11:30 – 1:30 P.M.

DATE: 25/07/2022

INSTRUCTIONS

- 1. Do not write anything on this question paper.***
- 2. Answer question ONE (Compulsory) and any other TWO questions.***

1. Explain the following stages of group formation according to Bruce Tuckman (10 marks)
 - i)Performing
 - ii)Storming
 - iii)Norming
 - iv)Adjourning
 - v)Forming
 - b) Explain five responsibilities of a group facilitator (10 marks)
 - c)Highlight and explain five factors a group leader should consider when forming a group session (10 marks)
2.
 - a) Explain factors that influence group cohesiveness (10 marks)
 - b) Discuss major factors in terminating a group (10 marks)
3.
 - a) Explain characteristics of a group on its final stages (10 marks)
 - b) Briefly explain five personal qualities of a group leader that can influence group progress (10 marks)

4. a) As a student explain the relevance of group dynamics to psychology (10 marks)
- b) Explain four goals of psychotherapy group (10 marks)

5.a) Explain five advantages of group therapy in psychotherapy (10 marks)

b) Highlight and explain five guidelines that may assist members to benefit most from group therapy (10 marks)