



**KISII UNIVERSITY**  
**UNIVERSITY EXAMINATIONS**

**SPECIAL EXAMINATIONS**  
**FOURTH YEAR EXAMINATION FOR THE AWARD OF THE**  
**DEGREE OF BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY**  
**FIRST SEMESTER, 2021/2022**  
**(FEBRUARY - JUNE, 2022)**

**BCPS 401: ADDICTIONS AND INTERVENTIONS**

**STREAM: Y4 S1**

**TIME: 2 HOURS**

**DAY: FRIDAY, 11:30 – 1:30 P.M.**

**DATE: 29/07/2022**

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**INSTRUCTIONS**

- 1. Do not write anything on this question paper.*
- 2. Answer question ONE (Compulsory) and any other TWO questions.*

**QUESTION ONE**

a). By citing the relevant examples, define the following concepts as used in addictions and interventions [10 marks]

- Hallucinogens
- Sedatives
- Codependency diagnosis

b). Discuss the Goals for the study of addictions and interventions in counseling psychology. [10 marks]

c). Discuss any five areas of research in addictions and interventions by pointing out the practical gaps that therapists, experts, and clinicians. [10 marks]

## **QUESTION TWO**

- a). Discuss any FIVE effects of addictions in general and relate them psychology and counseling [10 marks]
- b). Describe any FIVE goals applicable in addictions and interventions by pointing out the philosophical assumptions, and give your assertion why you think they are great necessity in your profession [10 marks]

## **QUESTION THREE**

- a). Discuss any five general indications of signs and symptoms of addictions. [10 marks]
- b). Identify any FIVE stages of addictions and interventions and point out the necessary interventions in each stage [10 marks]

## **QUESTION FOUR**

- a). Assuming you are handling a case of family group therapy on health outcomes and economic consequences of addictions, discuss the main elements you will give as the reference assumptions of your interventions processes and give your stand on the real and ideal set ups of those interventions [10 marks]
- b). Describe any FIVE guidelines for the diagnosis of substance use disorder as given by DSM-5 [10 marks]

## **QUESTION FIVE**

- a). Describe how the social support systems that are helpful in enabling positive recovery from substance and alcohol abuse by pointing out the possible ideal and real support structures and point out gaps therein in each case. [10 marks]
- b). Assume you are handling a case on family group therapy on adolescence and addictions, point out the major predisposing factors adolescence addiction and practical outcomes care givers, parents and therapists ought to be aware. [10 marks]