



KISII UNIVERSITY
UNIVERSITY EXAMINATIONS

SPECIAL EXAMINATIONS
FOURTH YEAR EXAMINATION FOR THE AWARD OF THE
DEGREE OF BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY
FIRST SEMESTER, 2021/2022
(FEBRUARY - JUNE, 2022)

BCPS 402: TRAUMA, PTSD, AND CRISIS INTERVENTION

STREAM: Y4 S1

TIME: 2 HOURS

DAY: THURSDAY, 3:00 – 5:00 P.M.

DATE: 28/07/2022

INSTRUCTIONS

- 1. Do not write anything on this question paper.***
- 2. Answer question ONE (Compulsory) and any other TWO questions.***

QUESTION ONE

- Identify four symptoms of Post-Traumatic Stress Disorder (PTSD) [4marks]
- Explain three risk factors for developing PTSD [4marks]
- Explain the effects of divorce on children [6marks]
- Summarize how you can counsel a child who have experienced trauma [8marks]
- Trace four factors that may promote recovery after trauma [8marks]

QUESTION TWO

- a) Explain the term 'Disaster management' [4 marks]
- b) Differentiate between disaster response and disaster recovery [8marks]
- c) Summarize how a psychologist can offer support during disaster management. [8marks]

QUESTION THREE

- a) Explain the term 'Grief' [2marks]
- b) Highlight four common grief reaction. [8marks]
- c) Describe five stages of grief according to Kubler –Ross. [10marks]

QUESTION FOUR

- a) Differentiate between the term screening and assessment [4marks]
- b) Identify three main counseling guidelines for assessing and screening clients [6marks]
- c) Explain four objectives for assessing and screening trauma clients [10 marks]

QUESTION FIVE

- a) Trace the relationship between suicide and depression [4marks]
- b) Identify three risk factors for committing suicide [6 marks]
- c) Summarize how you can apply Trauma focused therapy to counsel a client [10 marks]