



KISII UNIVERSITY
UNIVERSITY EXAMINATIONS

SPECIAL EXAMINATIONS
FOURTH YEAR EXAMINATION FOR THE AWARD OF THE
DEGREE OF BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY
FIRST SEMESTER, 2021/2022
(FEBRUARY - JUNE, 2022)

BCPS 403: PEER COUNSELING AND MENTORSHIP

STREAM: Y4 S1

TIME: 2 HOURS

DAY: TUESDAY, 11:30 – 1:30 P.M.

DATE: 26/07/2022

INSTRUCTIONS

- 1. Do not write anything on this question paper.***
- 2. Answer question ONE (Compulsory) and any other TWO questions.***

QUESTION ONE

(a) Clearly state the difference between the following terms;

- Coaching and mentoring [4 marks]
- Monitoring and evaluation [4 marks]
- The independent and rehabilitation models of counselling. [4 marks]
- Ethical and legal issues. [4 marks]

(b) What does it mean for a peer counsellor to have a “rights bearing attitude”?

[8 marks]

(c) Identify and explain five personal characteristics of a good peer counselor.

[10 marks]

QUESTION TWO

- (a) Explain the importance or advantage of peer counselling to the client, the counselor and the community. [10 marks]
- (b) Briefly describe the steps a peer counselor needs to go through in coming up with an appropriate counselling programme. [5 marks]

QUESTION THREE

- (a) State four crucial roles that a peer counselor must play in order to bring about change in their clients' lives? [12 marks]
- (b) Illustrating your answer with Abraham Maslow's diagram of hierarchy of needs, names the needs in an ascending order. [8 marks]

QUESTION FOUR

- (a) What is peer counselling supervision and what are its goals? [10 marks]
- (b) Explain how a peer counselor can empower his client. [10 marks]

QUESTION FIVE

- (a) Discuss any four roles of a peer educator. [10 marks]
- (b) Explain how youths can deal with the emerging issues of: peer pressure, substance abuse and relationships. [10 marks]