



KISII UNIVERSITY
UNIVERSITY EXAMINATIONS

SPECIAL EXAMINATIONS
FOURTH YEAR EXAMINATION FOR THE AWARD OF THE
DEGREE OF BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY
FIRST SEMESTER, 2021/2022
(FEBRUARY - JUNE, 2022)

BCPS 406: WORKPLACE COUNSELING

STREAM: Y4 S1

TIME: 2 HOURS

DAY: MONDAY, 3:00 – 5:00 P.M.

DATE: 25/07/2022

INSTRUCTIONS

- 1. Do not write anything on this question paper.***
- 2. Answer question ONE (Compulsory) and any other TWO questions.***

1. Explain the following terms (10 marks)
 - i). Performance
 - ii). Counseling
 - iii). Psychological counseling
 - iv). Supervisee
 - v). Workplace counseling
 - b) Discuss the Goals of workplace counseling (8 marks)
 - c) Explain the most common challenges of experienced at workplace (12 marks)
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2. a) Explain the three approaches applied when dealing with workplace burnout (6 marks)
 - b) Contrast between employee development and career development (14 marks)

3. a) Discuss the system applicable for personal career development (10 marks)
- b) Discuss the causes and prevention measures of workplace burnout (10 marks)
- 4.a) Discuss the strategies for stress management at workplace (10 marks)
- b) Discuss the importance of supervision of client at workplace (10 marks)
5. a) Discuss the three types of leadership styles at workplace (10 marks)
- b) Discuss the attributes of burnout at workplace (10 marks)