



KISII UNIVERSITY
UNIVERSITY EXAMINATIONS

SPECIAL EXAMINATIONS
SECOND YEAR EXAMINATION FOR THE AWARD OF THE
DIPLOMA IN COMMUNITY HEALTH AND DEVELOPMENT
SECOND SEMESTER, 2021/2022
(FEBRUARY - JUNE, 2022)

COMH 0222: COMMUNITY NUTRITION

STREAM: Y2 S2

TIME: 2 HOURS

DAY:

DATE: 00/07/2022

INSTRUCTIONS:

- 1. Do not write anything on this question paper.*
- 2. Answer ALL questions in section A (Compulsory) and any of your choice from section B.*

SECTION A (40 MARKS)

1. Enumerate the four importance of immunization. [4marks]
2. Define the following terms. [4 marks]
 - a. Nutrition
 - b. Community nutrition
 - c. Parenting
 - d. Health
3.
 - a. Outline four common types of immunity. [4mks]
 - b. Highlight four primary deficiency diseases, their causes and prevention. 4mks
- 4, a. Outline the six tools to consider when planning a meal/diet. [3 marks]

b. Highlight four common eating problems among adolescents and possible ways of fixing them. [4 marks].

5. a. State four importance of good nutrition. [4 marks].

b. Outline 4 major qualities of a good leader [4 marks]

c. Explain how a community health officer can improve overall health of a society/community. [3 marks]

SECTION B (30 MARKS)

Choose any two questions

1. a. Discuss the four main classifications of nutrients stating their functions in the body and food sources.

8mks.

b. Describe how a community health officer can optimally utilize available resources in a community. [7marks].

2. a. Discuss several types of resources in a community [5marks].

b. Discuss the five major common KEPI vaccines. [10mks]

3. a. Discuss four factors that promote good health of any individual or a population. 8mks

b. Discuss significance of growth monitoring and evaluation. [7marks]