

SPECIAL/SUPPLEMENTARY EXAMINATIONS SECOND YEAR EXAMINATION FOR THE AWARD OF THE DEGREE OF BACHELOR OF SCIENCE IN CLINICAL MEDICINE AND SURGERY FIRST SEMESTER, 2021/2022 (JULY, 2022)

PHES 133: MEDICAL PSYCHOLOGY

STREAM: Y2 S1 TIME: 2 HOURS

DAY: TUESDAY, 3:00 - 5:00 P.M. DATE: 26/07/2022

INSTRUCTIONS:

- 1. Do not write anything on this question paper.
 - 1. Answer all questions in **SECTION A** and **B**
 - **2.** Answer two questions in sections **C**
 - 3. Attention must be paid to legibility and accuracy

SECTION A:MULTPLE CHOICE QUESTIONS [20MKS]

Answer **ALL** Questions

- 1. Identify the psychologist who founded the behavioural theory of **Classical Conditioning**.
 - a) J. B. Watson
 - b) Edward Thorndike
 - c) Ivan Petrovitch Pavlov
 - d) Wilhelm Wundit
- 2. Michita is a cigarette smoker, likes chewing gum and eating. He is very cynical and makes sarcastic jokes. Which stage of psychosexual development explains this hebaviour?
 - a) Anal stage
 - b) Addictive stage
 - c) Latency stage

- d) Oral stage
- 3. The following are types of anxiety. Which one is caused by a real external threat?
 - a) Objective anxiety
 - b) Free floating anxiety
 - c) Neurotic anxiety
 - d) Moral anxiety
- 4. A group of students from the public health class were seen doing workouts and weight lifting in the university gymnasium. Identify the Freudian behavior principle involved in this acts.
 - a) Protection
 - b) Sublimation
 - c) Projection
 - d) Reaction formation
- 5. Dr Moturi was conducting a seminar for Public Health Graduates. He made preparations for sitting, writing materials, a projector and teachers. Name the **branch of psychology** relevant in these preparations.
 - a) Forensic
 - b) Educational
 - c) Clinical
 - d) Enviromental
- 6. Tim is tall, skinny and has long arrears. Alab examination showed that his testicles are too small and sterile. Tim has:
 - a) klinefelters syndrome
 - b) down syndrome
 - c) Turners syndrome
 - d) klinelters syndrome
- 7. Which oneof the following groups of factors has the greatest potential for attitude change?
 - i) low self esteem
 - ii) physical attractiveness
 - iii) high credibility
 - iv) two sided arguments
 - v) scare tactics
 - vi) pictorials
 - a) (ii) (iii) (v)
 - b) (iii) (vi) (i)
 - c) (i) (vi)
 - d) (i) (v) (VI)

- 8. Identify a composite piece that least indicates adolescent identity
 - a) vocational
 - b) liberalism
 - c) intellectual
 - d) sexual orientation
- 9. A student in the medical class lives in solitude self-conscious and restrained manner. The student is mostly likely to be;
 - a) introvert
 - b) mesomorph
 - c) ectomorph
 - d) melancholic
- 10. A little girl looked at her mother beforestretching a hand to touch the tail of her pet-puppy. Name the social skill displayed
 - a) emotional attachment
 - b) insecure attachment
 - c) social referencing
 - d) social inferring
- 11. The psychological mechanism responsible for the fight or flight reaction to a stressor was called.
- a) Parasympathetic nervous system
- b) Autonomic nervous system
- c) Autonomic sympathetic system
- d) Sympathetic nervous system
- 12. Which one of the following reasons best explains why a client in a counseling relationship may exhibit resistance?
 - a) Prediction of treatment outcomes
 - b) Consistent attendance of the therapy
 - c) Resentful client things in the past
 - d) Non-involvement in the therapeutic process.
- 13. Identify a therapeutic technique that allows expression of therapists understanding of what aclient has said.
 - a) Active listening
 - b) Reflecting
 - c) Paraphrasing
 - d) Active imagination

- 14. Identify the most appropriate stagey of using motivational discrepancy in a therapeutic session
 - a) SOLER
 - b) Columbo approach
 - c) Juxtaposing
 - d) separation an science
 - 14. A nursing student bought spotted rug- jeans and wore it to alecture theater. In no time every female student at the university was seen wearing similar jeans. What is the psycho- social name given to the students' behaviour?
 - a) social facilitation
 - b) social loafing
 - c) social roaming
 - d) social contagion
 - 15. Which one of the following medical groups will be most appropriate for an alcoholic and drug abusing clients in a rehabilitation center?
 - a) Self-help groups
 - b) Teaching groups
 - c) Therapy groups
 - d) Theater groups
 - 16. Identify a group of behaviours that will be most hurtful in atherapeutic relationship.
 - i) stereotyping
 - ii) prejudice
 - iii) bigotry
 - iv) sympathetic listening
 - v) impatience
 - vi) altruism
 - a) (i) (iii) (ii)
 - b) (ii) (v) (vi)
 - c) (i) (ii) (vi)
 - d) (i) (ii) (iii) (iv)
 - 17. Which one of the following personality types shows a deep sense of entitlement?
 - a) schizoid personality
 - b) Narcissistic
 - c) Cyclothymic
 - d) Socio-pathetic

- 18. According to AbrahamMaslowthe transfer of learning is aided by the following except?
 - a) Curiosity
 - b) Positive self-concept
 - c) Freedom of choice
 - d) Social freedom
- 19. A fast and critical social process of making decisions with minimaleffort is;
 - a) Attribution
 - b) Heuristics
 - c) Instinctual
 - e) Stereotypes
- 20. The following factors contribute to attitude change. Which one does **NOT?**
 - a) Cognitive dissonance
 - b) Reactance
 - c) Forewarning
 - d) Inoculation

SECTION B. SHORT ANSWER QUESTUIONS

(40 MARKS)

ANSWER ALL QUESTIONS

- 1) State **three** causes of drug abuse among the youth. (3marks)
- 2) state **four** psychological effects of the crawling milestones on a schedule personality (4marks)
- 3) State **three** distinctive features of **Id** as an instinctual force. (3marks)
- 4) State **four** characteristics of an impulse (4marks)
- 5) State **four** reasons why punishment is inappropriate in training desired behavior (8marks)
- 6) State the **four** criteria on which a person's self- image is based. (4marks)
- 7) State **four** theories of attitude change. (4marks)
- 8) Name **four** ways of controlling anger. (4marks)
- 9) Name **three** types of constructivism from Piaget's viewpoint (3marks)
- 10. Name **three** levels of the self-concept (3marks)

SECTION C: ESSAY QUESTIONS [40 Marks]

Answer **TWO** questions only

1 a) Define the term personality

(2marks)

b) Describe **six** domains of human personality

(18marks)

- 2. To what extent is the **DNA** factor significant in human growth and development? (20marks)
- 3. a) Explain **four positive** effects of jealousy as an emotion. (4Marks)
- b) With reference to **eight** points, discuss the **significance** of emotions in human functioning. (16Marks)