



KISII UNIVERSITY

UNIVERSITY EXAMINATIONS

**SECOND YEAR EXAMINATION FOR THE AWARD OF THE
DEGREE OF BACHELOR OF EDUCATION
IN EARLY CHILDHOOD EDUCATION
FIRST SEMESTER, 2021/2022
(FEBRUARY - JUNE, 2022)**

ECDI 212/412: HEALTH PHYSICAL EDUCATION

STREAM: Y2 S1

TIME: 2 HOURS

DAY: TUESDAY, 3:00 – 5:00 P.M.

DATE: 10/05/2022

INSTRUCTIONS

1. Do not write anything on this question paper.

2. Answer Question ONE [Compulsory] and any other TWO Questions.

1. a) Discuss briefly the principles underlying mental and physical health development of an individual {10marks}
- b) Highlight any four infectious disease giving signs, symptoms and prevention {10 marks}
- c) Discuss the environmental health hazards that may occur in a school set up {10 marks}

2. a) Describe the three types of immune system citing relevant examples {15 marks}
- b) Discuss reasons why people abuse drugs {5 marks}

3. a) Discuss the effects of drug and substance abuse amongst secondary school students {10 marks}
- b) Discuss the importance of physical education and sports in schools

{10 marks}

4. a) Describe the historical background of health and physical education in Kenya {10 marks}
- b) Discuss the factors that promote health and physical education in school {10marks}
5. a) Discuss the psychosocial health of an individual giving relevant examples {10 marks}
- b) Critically analyze three non-communicable diseases {10 marks}